How We Support You

We understand the challenges and opportunities that college can bring and are prepared to walk alongside you from your first day of orientation until the day you graduate and walk across the stage at Commencement. We can help you:

• Explore majors and minors to find the right fit
• Understand degree requirements and track your progress
• Learn the habits of an effective college student, including time management and study skills
• Get back on track if you begin to struggle academically
• Navigate campus policies and options...there are always options!
• Develop your leadership abilities, connect with other students, and get involved on campus
• Identify opportunities to engage outside of the classroom
• Find and connect with campus resources to support your success
• Select intentional experiences that lead to meaningful work after graduation

Internships  Research  Leadership  Study Abroad

Snapshot of CAL

1,205 Degrees Awarded

3,781 Total Undergraduate Enrollment

1,205 Degrees Awarded

472 Students Studied Abroad in 2018-2019

96 Scholarships for 2020-2021

19 Language Programs


“The College of Arts and Letters is where I discovered not only the diversity and complexity of society, but also my purpose as a change maker in my community.”

Michael Wiafe, Political Science ‘20
Cal State Student Association President
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Mundt Peace Fellows in Cambodia